



Christie Aschwanden

Author, *Good to Go: What the Athlete in All of Us Can Learn from the Strange Science of Recovery*
Producer/Host, *Uncertain*

Christie Aschwanden is author of the New York Times bestseller, *Good to Go: What the Athlete in All of Us Can Learn From the Strange Science of Recovery* and producer and host of *Uncertain*, a podcast series from Scientific American. She's the former lead science writer at FiveThirtyEight and was previously a health columnist for The Washington Post. Her work has appeared in dozens of publications, including the New York Times, Wired, Smithsonian, Scientific American, Slate, Popular Science, Discover, Science, and Nature.

She's the recipient of a 2014/2015 Santa Fe Institute Journalism Fellowship In Complexity Science and was a 2013/2014 Carter Center Fellow. Her reporting grant from the Pulitzer Center for Crisis Reporting funded reporting in Vietnam. Her television report on Agent Orange appeared on the PBS program *Foreign Exchange with Fareed Zakaria* in 2007. Her New York Times article about an Agent Orange remediation received the 2008 Arlene Award for articles that make a difference. Christie was a National Magazine Award finalist in 2011, and her book, *Good to Go*, was a finalist for the 2020 Colorado Book Award. Other honors include the National Association of Science Writers' Science in Society Award for Commentary/Opinion, a Sigma Delta Chi Award for Public Service in Magazine Journalism from the Society for Professional

Journalists, a AAAS/Kavli Science Journalism Award, and an Information is Beautiful Award.

She is Vice President of the Council for the Advancement of Science Writing and serves on the board of KVNF community radio. She lives in western Colorado.

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