

El Futuro

Latine Community Mental Health Non-Profit Organization

Racial & Ethnic Inequities in Healthcare:
Community Experiences Roundtable

Presented by
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El Futuro's Recent Approach



Severe/complex mental illness

Wrap around coordinated multi-agency care for people with complex needs. Clinical care using a combination of mental health professionals.

Moderate mental illness

Mainly primary care services backed up by mental health specialists.

Mild mental illness

Provide and promote access to lower intensity services using a mix of digital and low intensity interventions. Psychological/psychiatric services for those who require them.

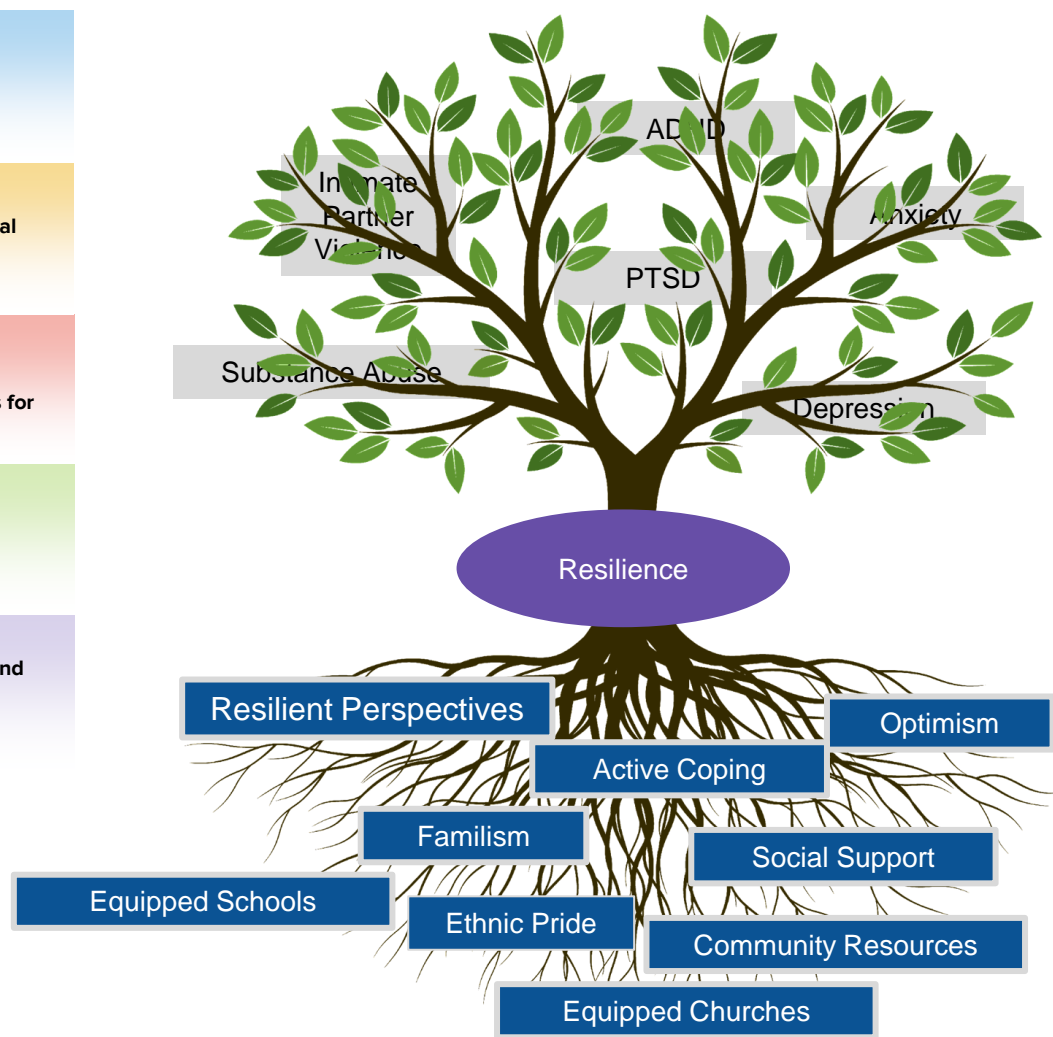
At risk groups

Increase early intervention through access to evidence-based alternatives to services

Well population

Promotion and prevention by providing advice and self-help resources, supporting ethnic pride and familism, optimism.

Stepped Model of Care





What Are La Mesita's Goals?

To help build a workforce across NC capable of addressing mental health issues in the Latinx community, through:

Dissemination of clinical best practices

Networking & support

Making the latest research available to the public



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