

# *Board on Human-Systems Integration (BOHSI) Webinar*

## **AI in the Workplace: Implications for Mental Health**

NATIONAL  
ACADEMIES

Sciences  
Engineering  
Medicine



HUMAN FACTORS  
and ERGONOMICS SOCIETY



AMERICAN PSYCHOLOGICAL ASSOCIATION

The integration of Artificial Intelligence (AI) in the workplace could bring about numerous benefits, from increased efficiency to innovation. However, it also raises important questions about its impact on the mental health and well-being of employees. This webinar will delve into the promise and perils of AI in the modern workplace. Presenters will share real-world case studies of AI-driven initiatives and their mental health implications, and explore the balance between AI-driven productivity and potential implications for employee mental health and well-being.

This event is sponsored by the National Academies' Board on Human-Systems Integration (BOHSI), in conjunction with the American Psychological Association (APA) and the Human Factors and Ergonomics Society (HFES).



Sue Murray is a Principal in Organizational Change and Enterprise Strategy & Transformation at the MITRE Corporation. She is a seasoned professional in guiding government and private sector senior leaders and their teams through strategy development and successful technology adoption and change implementation. Sue is a thought leader in organizational adoption of artificial intelligence (AI). She has co-developed a holistic, integrated framework to guide sponsors through their iterative journey to successfully implement and adopt AI. Sue has also driven successful change in major IT systems modernizations and organizational restructuring initiatives.



Eva Selenko, FRSA is a Full Professor (Chair) in Work Psychology and Head of the Work and Organizations Group at Loughborough Business School, Loughborough University, UK, where she teaches and researches issues related to work and well-being. In her scientific work she focusses on how changes to work (e.g. caused by digitalisation but also precarity) affect workers' sense of self, their well-being, work behaviour and even wider societal thinking. In addition to her research contributions, Dr Selenko also serves as associate editor at the International Association of Applied Psychology's journal *Applied Psychology: An International Review*, and on the editorial board of the *Scandinavian Journal of Work and Organizational Psychology*. In 2019 she was invited to become a Fellow at the Royal Society of Arts in recognition for her research on precarious work and well-being.