





AMERICAN PSYCHOLOGICAL ASSOCIATION

Board on Human-Systems Integration (BOHSI) Webinar Creating an Equitable Future of Work: Commuting from Home to Home

An equitable future of work provides employees with work-life harmony and supports their overall well-being, health, safety, and performance. In this webinar, we focus on the ability to work from home while still feeling part of the team. This includes leveraging technology to make real human connections from home, as well as balancing micro-transitions such that workers can better move between personal and professional spaces. In addition, managers have a role in supporting these new ways of working in hybrid work arrangements. This webinar will highlight findings and applications from the fields of psychology, behavioral science, human factors, and ergonomics to identify insights and research gaps.

This event is sponsored by the National Academies' Board on Human-Systems Integration (BOHSI), in conjunction with the American Psychological Association (APA) and the Human Factors and Ergonomics Society (HFES).



Tammy D. Allen is a Distinguished University Professor of Psychology at the University of South Florida. Her work aims to address important topics that touch the day-to-day lives of many adult members of society, focusing on topics related to work and family, organizational practices such as remote work, and employee health and career development. Dr. Allen served as President of the Society for Industrial and Organizational Psychology (2013-2014) and as President of the Society for Occupational Health Psychology (2018-2019). She is a Fellow of the American Association for the Advancement of Science, the

American Psychological Association (APA), the Association for Psychological Science, the Academy of Management, and the Society for Industrial and Organizational Psychology (SIOP). She currently serves on the APA Board of Scientific Affairs and Council of Representatives, the SIOP Executive Board, and the Work Family Research Network Executive Board. Dr. Allen is the 2021 recipient of the Herbert Heneman Jr. Award for Career Achievement from the Human Resources Division of the Academy of Management and the 2022 recipient of the Ellen Galinsky Generative Researcher Award from the Work Family Research Network. Dr. Allen received a Ph.D. in Industrial-Organizational Psychology from the University of Tennessee and a B.A in Psychology from California State University.



David Evans is Senior Manager of Customer Research at Microsoft. He has contributed to multiple Microsoft technical papers on the future of work as well as those published with the Harvard Business Review. He teaches the psychology of UX design at the University of Washington and is the author of a 2017 book on user psychology. He received a Ph.D. in Social Psychology from the University of Iowa and a B.A. in Psychology from Grinnell College.



Dr. Michelle Robertson is the Executive Director of the Office Ergonomics Research Committee, a lecturer at Northeastern University and the University of California, Berkeley Center of Occupational and Environmental Health, and a research faculty at the University of Connecticut, Psychological Sciences. Currently, Dr. Robertson is working with the Center for Promotion of Health in the New England Workplaces with UMASS Lowell and UCONN where she conceptualized the development of a participatory based systems analysis process that support teams to identify workplace issues and then create

integrated solutions using an evaluation scorecard. Previously, she was a research scientist in human factors and ergonomics at the Liberty Mutual Research Institute for Safety, where she conducted field and applied research projects in a variety of industries including financial, telecommunications, aerospace and surface transportation, manufacturing, and healthcare. She has dedicated more than 25 years of her career in using a systems approach to designing and evaluating organizational and training interventions that include participatory and macroergonomics approaches, work organization factors, training system design, computer work environments, office ergonomics, and designing integrated wellness and ergonomics programs. Dr. Robertson is a Board-Certified Professional Ergonomist and is a Fellow of the Human Factors and Ergonomics Society and the International and Ergonomics Association. She has been the recipient of several awards, including the NORA/NIOSH innovative research award for her work on designing a macro-ergonomics training program, the NIOSH/APA Best Intervention Honorable Mention paper for her office ergonomics intervention research, and the HFES Alphonse Chapanis best paper award. Dr. Robertson received a Ph.D. in Instructional Technology and M.S. in Systems Management from the University of Southern California, and a B.A. in Human Factors/Ergonomics from the University of California Santa Barbara.



Dr. Carolyn Sommerich is a Professor in the Department of Integrated Systems Engineering at The Ohio State University (OSU) and holds graduate faculty status in the School of Health and Rehabilitation Sciences in OSU's College of Medicine. She is also currently the President of the Human Factors and Ergonomics Society (HFES), which is one of the largest scientific associations for human factors/ergonomics professionals. The mission of HFES is to advance the science and practice of designing for people in systems through knowledge exchange, collaboration, and advocacy. Her research focus is ergonomics and

occupational biomechanics, with special interest in intervention research to reduce exposures to risk factors for musculoskeletal (MSK) discomfort and disorder. Her research approach is participatory and interdisciplinary. Application sectors include healthcare, industry, and education. Dr. Sommerich has effectively partnered with imaging technologists, paramedics, home health aides, office workers, teachers, high school students, distribution center workers, manufacturing workers, and many others to investigate and address factors that affect their MSK health, task performance capabilities, and quality of life. She received a Ph.D. and M.S. in Industrial & Systems Engineering from The Ohio State University, and a B.S. in Mechanical Engineering from the University of Cincinnati.